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# Making Sense of Trauma: Practical Tools for Responding to Children and Youth

## A One Day Workshop

For Anyone Who Works with Children or Youth

Participants learn how to use a Trauma-Informed perspective to better understand the relational, neurobiological and developmental impact of trauma on children, youth and their caregivers.

### Workshop Objectives:

- To develop an understanding of the impact of trauma on children/youth
- To learn the principles of trauma-informed care
- To explore the current understanding of the nervous system and trauma survival responses
- To identify specific tools that assist with freeze/flight/fight survival responses in children and youth

Presenters: Billy Brodovsky & Kate Kiernan from the Families Affected by Sexual Assault Program [FASA]

### 2017 - 2018 Schedule:

November 17 <sup>th</sup> , 2017 - Friday
February 2 <sup>nd</sup> , 2018 - Friday
April 20 <sup>th</sup> , 2018 - Friday

Workshops will be held at the **Best Western Plus Hotel**, 1715 Wellington Ave, Winnipeg Mb  
Workshop times are 9:15 am – 3:30 pm, Lunch 12 -1 (not provided)

To register or get further information please contact Billy Brodovsky: [Billy.Brodovsky@newdirections.mb.ca](mailto:Billy.Brodovsky@newdirections.mb.ca) or 204.786.7051 Ext 5364.

A condensed version of the workshop is available as a free webinar at [www.makingsenseoftrauma.ca](http://www.makingsenseoftrauma.ca)

**The cost of the workshop is \$65.00**

The training is an initiative of **Reclaiming Hope**, Manitoba's Youth Suicide Prevention Strategy.