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**Making Sense of Trauma: Practical Tools for Responding to Children and Youth**  
**A One Day Workshop**  
Specifically for  
**Foster Parents and Child & Family Services Staff**

Participants learn how to use a Trauma-Informed perspective to better understand the relational, neurobiological and developmental impact of trauma on children, youth and their caregivers.

Workshop Objectives:

- To develop an understanding of the impact of trauma on children/youth
- To learn the principles of trauma informed care
- To explore the current understanding of the nervous system and trauma survival responses
- To identify specific tools that assist with freeze/flight/fight survival responses in children and youth

Presenters: Billy Brodovsky & Kate Kiernan from the Families Affected by Sexual Assault Program [FASA]

**2017 Schedule:**

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| February 13 <sup>th</sup> , 2017 - Monday  | Foster Parents, Support & Youth Care workers             |
| February 14 <sup>th</sup> , 2017 - Tuesday | CFS staff, MH Clinicians, allied/other service providers |
| April 20 <sup>th</sup> , 2017 - Thursday   | Foster Parents, Support & Youth Care workers             |
| April 21 <sup>st</sup> , 2017 – Friday     | CFS staff, MH Clinicians, allied/other service providers |

Workshops will be held at the **Best Western Plus Hotel**, 1715 Wellington Ave, Winnipeg Mb  
Workshop times are 9:15 am – 3:30 pm, Lunch 12 -1 (not provided)

**CFS Staff and Foster Parents** should contact their CFS Authority Training and Education Coordinator to register.

- First Nations of Northern MB CFS Authority - Colleen Robinson (204) 942-1842, [colleenr@northernauthority.ca](mailto:colleenr@northernauthority.ca)
- General Authority CFS - Lisa Schmidt, (204) 984-9651, [Lisa.Schmidt@gov.mb.ca](mailto:Lisa.Schmidt@gov.mb.ca)
- Metis CFS Authority - Robin Jackson, (204) 949-0220, [rjackson@metisauthority.com](mailto:rjackson@metisauthority.com)
- Southern First Nations Network of Care - Kayla Guiboche, (204-783-9190), [Kayla.Guiboche@southernnetwork.org](mailto:Kayla.Guiboche@southernnetwork.org)

**Non CFS** service providers can register or get further information by contacting Samantha Suche:  
[Samantha.Suche@newdirections.mb.ca](mailto:Samantha.Suche@newdirections.mb.ca) or 204.786.7051 Ext 5262.

**The cost of the workshop is \$65.00**

The training is an initiative of **Reclaiming Hope**, Manitoba's Youth Suicide Prevention Strategy.